

Psalm 139

O LORD, You have searched me and known me.

²You know when I sit down and when I rise up;
You understand my thought from afar.

You have enclosed me behind and before,
And laid Your hand upon me.

⁶Such knowledge is too wonderful for me;
It is too high, I cannot attain to it.

¹⁴I will give thanks to You,
for I am fearfully and wonderfully made;
Wonderful are Your works,
And my soul knows it very well.

¹⁷How precious also are Your thoughts to me, O God!
How vast is the sum of them!

²³Search me, O God, and know my heart;
Try me and know my anxious thoughts;

²⁴And see if there be any hurtful way in me,
And lead me in the everlasting way.



SEARCH ME, O GOD

Search me, O God, and know my heart. Psalm 139:23

"I hate restrictions, Lord. Clocks, calendars, commitment. Laws, diets, budgets. They are such a nuisance. So I squirm and wiggle to get free of them, but I only end up feeling even more restricted. I resist the very things you ordained to hold me together, and then I wonder why I feel as if I am coming apart. No wonder I feel anxious. Instead of stubbornly resolving to overcome my sin on my own, may I have the courage to ask you to "Search me, O God." Please show me the truth—that I am trying to hide behind anger and self-indulgence. Instead of wearily giving in to sin, may I take an honest look at what is making me most tired, for surely that is where I am putting up the biggest fight. May I not settle for the illusion of freedom I feel when I follow my instincts and emotions. I want the freedom that comes only when I let truth—your truth—be my best friend. For I know that only when I am honest about myself can I worship you in truth and gladness. Thank you that I need not fear being known—because I know that I am loved."

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Mighty to Save... <https://www.youtube.com/watch?v=W1jmqVU4RDo>

Call It Grace... <https://www.youtube.com/watch?v=AAMU68NTVQw>

Search Me, O God... <https://www.youtube.com/watch?v=ndsnRVDzVMo>

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