

#SoulSurvival--Anchors for your soul

Draw Near: Hebrews 6:19

We have this hope as an anchor for the soul, firm and secure.

	Anchor of the week:	Anchor Verse:	Investigation (Scripture Study)	*Goal Statement	Apply/Do/Questions	Activity	Practice
Week 1 LAURA	Know Who You Are-- BE near	I John 3:1	Genesis 2:15 & 3:17-19; Romans 8:12; Gal 3:18, 26, 29, 4:1-8 I Peter 2:9-10	Know WHOSE you are by joining the family of God		Binders & format	Memorization (Anchor Verse)
Week 2 LAURA	Be confident in Christ	Heb. 4:16	Jer. 17:7; Prov. 3:26; II Cor. 1:12; II Cor. 3:4-6; I John 4:17; I Pet. 5:8-9; Heb. 4:12; II Tim. 3:13-17; Eph. 6:10-20; Phil. 4:4-9; Heb. 11:6; Matt. 25:23; Gal. 5:22-23; II Pet. 1:3-8; James 4:8; Prov. 3:5; Ps. 1:1-2; Matt. 14:22-23; Mark 1:35	Know who He is by being in his Word	Know who you are in Him. He wants faithfulness, time with Him more than perfection	Recite verse, start with what learned, end with M&M Game: Pick an M&M and say something with the code: Blue - say something about how you spend time in the Word Red - say something about how you spend time in prayer Orange - say something about how you balance your "work" and your time with the Lord Yellow - say something about how you can know you are loved Green - say a truth	

						from God's Word that you can hold on to Brown - say something you are thankful for	
Week 3 CINDY	Be aware of your calling	II Peter 1:3	Hebrews 3:1; Romans 11:29; Eph. 4:1; II Thess. 1:11; II Peter 1:3; II Peter 1:10;	Grateful Purpose-- Know your purpose by practicing His Presence	Gifts; Love Language; Personality; etc.	Identifiers: Analysis Questions	Self examination
Week 4 CINDY LAURA	Be Focused: Overcome Fear & Simplify	Micah 6:8	Joel 2:21; Psalm 23:4, 25:12, 27:1, 34:4, 56:3-4, 91:5; I Cor. 10:13; II Cor. 7:5; Luke 1:74; Is. 43:1-2; I John 4:4; Rom. 8:15; Heb. 13:6; I John 4:18; II Tim. 1:7; I Pet. 2:17; Galatians 1:4; Acts 1:8; Matt 7:21; Matt 12:50; James 2:18; II Peter 1:5-10; Hebrews 13:5	Know what His will is ** and how to handle "failure." Recognize our fears and remember Who He is and who we are because of Him.	Ask GOD: Am I just? Do I love mercy? Am I walking with God? Am I a humble companion? What is the difference between fear or caution?	Mark the scripture in colors--his part & my part <b>He</b> has told <b>you, O man,</b> what is good; And what does the <b>Lord</b> require of <b>you</b> But to <b>do justice,</b> to <b>love kindness,</b> And to <b>walk humbly with your God?</b>	Sabbath--we are finite and He is not. (simplifying allows us to rest)
Week 5 LAURA CINDY	Be a servant & friend Servanthood	Philippians 2:2		Know the mind of Christ in order to	*Skip Heitzig Quote Serving Brings Unity	Build a card project for starter--serve others Eyes:	

	Friendship/ Fellowship <i>Tossing a life ring--</i>			have like minded unity		Ears: Hands: Encouragers:	
Week 6 LAURA	Be Grateful & be a survivor  Grateful Survival	Col. 2:6-7	Ps. 30:5; Ps. 100; II Cor. 2:14-15; Deut. 28:47-48; I Thess. 5:16-18; Col. 2:6-7; Heb.12:28-29; Eccl. 3:22; I Cor. 15:57-58; Phil. 4:6-8; Phil. 1:3-4; Eph.5:18-21; Col. 3:15-17; Deut. 16:15; James 1:17	Gratitude Know what He's done for you (gifted to you)	Go through some 1,000 Gifts Gratitude ideas to focus on gratitude for coming week	List; Journal; Comment of FB group	1,000 Gifts
Week 7 CINDY	Be Still & Know--Be secure <i>Set your sail</i>	Psalms 46:10		Know that He is God (and you are not)		Rule of Life to include these anchors. Bookmark?	

\*Skip Heitzig Quote: If you want to be happy for  
 An hour...take a nap  
 A day...go fishing  
 A week...take a vacation  
 A year...make a good salary  
 A lifetime...help someone

Moses...  
 Jesus...3-12-10-All  
 Jerusalem, Judea, Samaria, uttermost parts